

## Claims

1. A cosmetic comprising the following components (A) and (B):

(A) L-ascorbic acid 2-phosphate sodium salt,

(B) one or more compounds selected from the group comprising arginine, urea, and triethanolamine,

wherein the mass ratio of (A):(B) is 1:0.001 to 0.5.

2. The cosmetic according to claim 1 further comprising a component (C)

zinc oxide or a salt which produces an alkali metal ion in water, wherein the mass ratio of (A):(C) is 1:0.001 to 1.

3. The cosmetic according to claim 1 or claim 2 comprising 0.001 to 20

mass% of the component (A).

4. The cosmetic according to any one of claims 1 to 3, wherein the component

(B) comprises arginine and urea.

5. The cosmetic according to any one of claims 2 to 4, wherein the salt which

produces an alkali metal ion in water of the component (C) is potassium chloride or sodium chloride.

6. The cosmetic according to any one of claims 1 to 5 used as an aqueous

cosmetic or emulsion cosmetic.

7. The cosmetic according to any one of claims 1 to 6 having a pH of 7 to 9.

8. The cosmetic according to any one of claims 1 to 7 used as a skin lightening cosmetic or anti-aging cosmetic.